

Colorado Health Plan Description Form Kaiser Permanente HMO



Effective January 1, 2004

| PART A: TYPE OF COVERAGE | | | | |
|--------------------------|--------------------------------|--|--|--|
| 1 | TYPE OF PLAN | Health Maintenance Organization (HMO) | | |
| 2 | OUT-OF-NETWORK CARE COVERED? 1 | Only for Emergency Care | | |
| 3 | AREAS OF COLORADO WHERE PLAN | Denver/Boulder: portions of Adams, Arapahoe, Boulder, Broomfield, Clear Creek, | | |
| | IS AVAILABLE | Denver, Douglas, Elbert, Gilpin, Jefferson, Larimer, Park and Weld counties within the | | |
| | | following zip codes: | | |
| | | 80001-7, 80010-22, 80024-28, 80030, 80031, 80033-38, 80040-42, 80044-47, 80102, | | |
| | | 80104, 80107-13, 80116-17, 80120-31, 80134-35, 80137-38, 80150-51, 80154-55, 80160- | | |
| | | 63, 80201-12, 80214-39, 80241, 80243-44, 80246-52, 80254-56, 80259, 80260-66, 80270- | | |
| | | 71, 80273-75, 80279-81, 80290-95, 80299, 80301-10, 80314, 80321-23, 80328-80329, | | |
| | | 80401-3, 80421-22, 80425, 80427, 80433, 80437, 80439, 80452-55, 80457, 80465-66, | | |
| | | 80470-71, 80474, 80481, 80501-4, 80510, 80513-14, 80516, 80520, 80530, 80533-34, | | |
| | | 80537-40, 80542-44, 80600-03, 80614, 80621, 80623, 80640, 80642-43, 80651. | | |
| | | Colo. Spgs.: portions of Douglas, El Paso, Fremont, Park, Pueblo and Teller counties | | |
| | | within the following zip codes: | | |
| | | 80106, 80118, 80132-33, 80808-09, 80813-14, 80816-17, 80819-20, 80827, 80829, 80831 | | |
| | | 33, 80840-41, 80860, 80863-64, 80866, 80901, 80903-22, 80925-26, 80928-37, 80940- | | |
| | | 47, 80949-50, 80960, 80962, 80970, 80977, 80995, 80997, 81007-08, 81212, 81240. | | |
| DAD | DADED CHANADY OF DESIFERE | | | |

PART B: SUMMARY OF BENEFITS

Important Note: This form is not a contract, it is only a summary. The contents of this form are subject to the provisions of the policy, which contains all terms, covenants and conditions of coverage. Your plan may exclude coverage for certain treatments, diagnoses, or services not noted below. The benefits shown in this summary may only be available if required plan procedures are followed (e.g., plans may require prior authorization, a referral from your primary care physician, or use of specified providers or facilities). Consult the actual policy to determine the exact terms and conditions of coverage.

| | | NI NITTIMODI/ | |
|----------|---|--|--|
| | | IN-NETWORK | |
| | | (OUT-OF-NETWORK CARE IS NOT COVERED EXCEPT AS NOTED) | |
| 4 | ANNUAL DEDUCTIBLE | | |
| a) | Individual | No deductibles | |
| b) | Family | No deductibles | |
| 5 | OUT-OF-POCKET ANNUAL MAXIMUM ² | | |
| a) | Individual | \$3,000/Individual | |
| b) | Family | \$6,000/Family | |
| 6 | LIFETIME OR BENEFIT MAXIMUM PAID | No Lifetime Maximum | |
| | BY THE PLAN FOR ALL CARE | 100 Enetine ividamium | |
| 7 a) | COVERED PROVIDERS | Colorado Permanente Medical Group, P.C. See Provider Directory for complete list | |
| | | | |
| 7 b) | WITH RESPECT TO NETWORK PLANS, | | |
| | ARE ALL THE PROVIDERS LISTED IN | Not applicable - this is not a network plan | |
| | 7A. ACCESSIBLE TO ME THROUGH MY | Not applicable - this is not a network plan | |
| | PRIMARY CARE PHYSICIAN? | | |
| 8 | ROUTINE MEDICAL OFFICE VISITS | \$30 per primary care office visit copay | |
| | | \$50 per specialist office visit copay | |
| 9 | PREVENTIVE CARE | | |
| a) | Children's Services | \$15 per visit copay for PCP | |
| b) | Adult's Services | \$15 per visit copay for PCP | |
| 10 | MATERNITY | | |
| a) | Prenatal care | \$15 per visit copay for PCP | |
| b) | Delivery & inpatient well baby care | \$1,000 copay per admission / Individual | |
| <u> </u> | | | |

| T IVIE | DICHE | |
|----------|---------------------------------------|---|
| 11 | PRES CRIPTION DRUGS | |
| | Level of coverage and restrictions on | \$15 generic/\$40 brand up to a 30-day supply |
| | | *for more details, please see attached addendum. for drugs on our approved list, |
| | | please contact your Medical Office Pharmacist |
| 12 | INPATIENT HOSPITAL | \$1,000 copay per admission/Individual |
| 13 | OUTPATIENT/AMBULATORY SURGERY | \$150 per procedure copay |
| 14 | LABORATORY AND X-RAY | Diagnostic Lab and X-ray - No copay (100% covered) |
| | | Therapeutic X-ray - \$50 per visit copay |
| | | MRI/CAT/PET - \$100 per procedure copay |
| 15 | EMERGENCY CARE ³ | \$100 per visit copay at a Kaiser Permanente designated Plan or non-Plan |
| | | emergency room, waived if admitted as an inpatient. Payment of non-Plan |
| | | emergency claims is limited to usual reasonable and customary charges. |
| 16 | AMBULANCE | 20% up to a maximum of \$500 per trip |
| 17 | URGENT, NON-ROUTINE, AFTER HOURS | \$100 per visit copay at a designated Kaiser Permanente emergency room |
| | CARE | \$30 per visit copay at a Kaiser Permanente medical office during office hours. |
| | | \$50 per after hours visit copay at designated Kaiser Permanente medical offices |
| 18 | BIOLOGICALLY-BASED MENTAL | Coverage is no less extensive than the coverage provided for any other physical |
| | ILLNESS ⁴ CARE | illness. |
| 19 | OTHER MENTAL HEALTH CARE | |
| a) | Inpatient care | 50% copay per admission - up to 45 days each calendar year |
| b) | Outpatient care | \$30 copay each visit up to 20 visits each calendar year. Group visits will be |
| | | charged at half the copay of an individual visit, rounded down to the nearest |
| | | dollar. Two group visits will count as one individual visit. |
| 20 | ALCOHOL & SUBSTANCE ABUSE | |
| a) | Inpatient Medical Detoxification | \$1,000 copay per admission/Individual |
| b) | Inpatient Residential Rehabilitation | 50% coinsurance up to 45 days each |
| c) | Outpatient Chemical Dependency | \$30 copay per visit up to 20 visits each calendar year. Group visits will be charged |
| | | at half the copay of an individual visit, rounded down to the nearest dollar. Two |
| | | group visits will count as one individual visit. |
| 21 | PHYSICAL, OCCUPATIONAL, AND | |
| 9 | SPEECH THERAPY Inpatient care | \$1,000 copay per admission/Individual for conditions subject to significant |
| a) | mpatient care | improvement within two months |
| l b) | Outpatient care | \$30 per visit copay for up to two months per condition, or up to 20 visits per |
| " | Outpatient care | condition if 20 or more visits are not received within two months, for conditions |
| | | subject to significant improvement within two months *Therapy for congenital |
| | | defects and birth abnormalities is covered for children up to age five for both |
| | | acute and chronic conditions. |
| 22 | DURABLE MEDICAL EQUIPMENT | No copay up to \$2,000 each calendar year within the Service Area. Prosthetic |
| | | arms and legs covered at no copay (100% covered) with no annual maximum. |
| | | See policy for types and circumstances of coverage |
| 23 | OXYGEN | 20% copay |
| 24 | ORGAN TRANSPLANTS | |
| a) | Major Organ Transplant | \$1,000 copay per admission/Individual - no waiting period. Covered transplants |
| | | are limited to kidney, kidney/pancreas, pancreas, heart, heart-lung, lung, some |
| <u> </u> | | bone marrow, cornea and liver, small bowel/small bowel and liver |
| 25 | HOME HEALTH CARE | No copay (100% covered) for prescribed medically necessary home health |
| | | services. Not covered outside the Service Area |
| 26 | HOGDICE CADE | |
| 26 | HOSPICE CARE | No copay (100% covered) for home-based hospice care. Not covered outside the |
| | | Service Area. |

| 27 | SKILLED NURSING FACILITY CARE | | for up to 100 days for prescri | |
|-----|--|-------------------------------|---------------------------------|--------------------------|
| | | services at approved skilled | d nursing facilities. Not cove | red outside the Service |
| | | Area | | |
| 28 | DENTAL CARE | No coverage provided | | |
| 29 | VISION CARE | \$30 per primary care office | visit copay; for vision exam I | Hardware not covered |
| 30 | CHIROPRACTIC CARE | \$30 copay for 20 visits | | |
| 31 | SIGNIFICANT ADDITIONAL COVERED | | health risk assessments, imm | unizations and |
| | SERVICES (list up to 5) | _ | harmacy; post-mastectomy b | |
| | ` | including services to attain | breast symmetry, prosthese | s and services due to |
| | | complications; Health educ | ation classes including Smol | king Cessation, Stress |
| | | Management, Women's He | ealth and Diet and Nutrition; | Special Services Hospice |
| | | program for persons who h | ave not yet chosen hospice | care |
| PAR | T C: LIMITATIONS AND EXCLUS | IONS | | |
| 32 | PERIOD DURING WHICH PRE-EXISTING | | ot impose limitation periods | for nre-existing |
| | CONDITIONS ARE NOT COVERED 5 | conditions. | or impose infliction periods | for pre-existing |
| | CONDITIONS ARE NOT COVERED | Conditions. | | |
| 33 | EXCLUSIONARY RIDERS. Can an | No | | |
| | individual's specific, pre-existing condition | | | |
| | be entirely excluded from the policy? | | | |
| | The state of the s | | | |
| 34 | HOW DOES THE POLICY DEFINE A | Not applicable. Plan does n | ot exclude coverage for pre- | existing conditions |
| | "PREEXISTING CONDITION"? | | | _ |
| 35 | WHAT TREATMENTS AND | Exclusions vary by policy. | List of exclusions is available | e immediately upon |
| | CONDITIONS ARE EXCLUDED UNDER | request from your carrier, a | gent, or plan sponsor (e.g. ei | mployer). Review them to |
| | THIS POLICY? | see if a service or treatment | you may need is excluded fi | om the policy |
| PAR | T D: USING THE PLAN | | | |
| 36 | Does the enrollee have to obtain a referral | Yes | | |
| | and/or prior authorization for specialty | | | |
| | care in most or all cases? | | | |
| 37 | Is prior authorization required for surgical | Yes | | |
| | procedures and hospital care (except in an | | | |
| | emergency)? | | | |
| 38 | If the provider charges more for a covered | No | | |
| | service than the plan normally pays, does | | | |
| | the enrollee have to pay the difference? | | | |
| 39 | What is the main customer service | (303) 338-3800 | | |
| 40 | Whom do I write/call if I have a complaint or | Customer Service Center | | |
| | want to file a grievance ⁶ | 2500 S. Havana Street | | |
| | want to fife a grievance | Aurora, CO 80014 | | |
| | | Telephone (303) 338-3800 | | |
| 41 | Whom do I contact if I am not satisfied with | Colorado Division of Insura | ance | |
| | the resolution of my complaint or | ICARE Section | | |
| | grievance? | 1560 Broadway, Suite 850 | | |
| | | Denver, CO 80202 | | |
| 42 | To assist in filing a grievance, indicate the | Policy forms DEDEOC-DEN | JCOS(07-03) and | |
| 72 | form number of this policy; whether it is | GA-DENCOS(01-03) | 1CO5(07-05) and | |
| | individual, small group, or large group; and | | | |
| | if it is a short-term policy. | | | |
| PAR | TE: COST | | | |
| 43 | What is the cost of this plan? | | | |
| - | • | Employee Portion | StateContribution | FullPremium |
| | Employee only | \$93.64 | \$156.06 \$232.52 | \$246.40 \$402.78 |
| | Employee + 1 dep. Employee + 2 or more dep. | \$263.56 \$366.74 | \$232.52 \$326.46 | \$492.78 \$689.90 |
| 1 | Employee ± 2 or more dep. | \$300.74 | \$320.40 | φ089.9U |

PART F: PHYSICIAN PAYMENT METHODS, AND PLAN EXPENDITURES FOR HEALTH

Any person interested in applying for coverage, or who is covered by or who purchased coverage under this plan, may request answers to the

- What are the three most frequently used methods of payment for primary care physicians?
- What are the three most frequently used methods of payment for physician specialists?
- What other financial incentives determine physician payment?
- What percentage of total Colorado premiums are spent on health-care expenses as distinct from administration and profit?

Endnotes:

- 1. "Network" refers to a specified group of physicians, hospitals, medical clinics and other health care providers that your plan may require you to use in order for you to get any coverage at all under the plan, or that the plan may encourage you to use because it may pay more of your bill if you use their network providers (i.e., go in-network) than if you don't (i.e., go out-of-network).
- 2. "Out of Pocket Maximum" The maximum amount you will have to pay for allowable covered expenses under a health plan, which may or may not include the deductible or copayments, depending on the contract for that plan.
- 3. "Emergency Care" means services delivered by an emergency care facility which are necessary to screen and stabilize a covered person. The plan must cover this care if a prudent lay person having average knowledge of health services and medicine and acting reasonably would have believed that an emergency medical condition or life-or-limb threatening emergency existed.
- **4.** "Biologically based mental illnesses" means schizophrenia, schizoaffective disorder, bipolar affective disorder, major depressivedisorder, specific obsessive-compulsive disorder, and panic disorder.
- **5.** Waiver of pre-existing condition exclusions. State law requires carriers to waive some or all of the pre-existing condition exclusion period based on other coverage you recently may have had. Ask your carrier or plan sponsor (e.g., employer) for details.
- **6.** Grievances. Colorado law requires all plans to use consistent grievance procedures. Write the Colorado Division of Insurance for a copy of those procedures.

Selected Benefit Descriptions Colorado Health Plan Description Form Addendum Kaiser Foundation Health Plan of Colorado Plan 230 State of Colorado, Group 225

| | Benefit | Benefit Level |
|----|--|---|
| 11 | PRESCRIPTION DRUGS Level of coverage and restrictions on prescriptions | \$15 Generic / \$40 Brand - prescribed covered drugs on Health Plan's formulary - for up to a 30-day supply for maintenance drugs or part of a 30-day supply for non-maintenance drugs. Certain drugs that have a significant potential for waste and diversion will be provided for up to a 30-day supply, at the applicable prescription drug Copayment, and are not available by mail order service. If a Member requests a name-brand drug when a generic equivalent drug is prescribed, the Member must pay \$40.00, plus any difference in price between the preferred generic equivalent drug prescribed or authorized by the Physician and the requested brand drug. If the brand drug is prescribed due to medical necessity, the Member pays only the brand Copayment. |
| | | Mail Order Service: Denver/Boulder Service Area: Refills will be mailed through Direct Rx, Kaiser Permanente's mail order prescription service. Refills of prescribed drugs may be obtained for up to a 90-day supply by mail order, at a charge of two prescription drug Copayments. Reorder envelopes are available at any Kaiser Permanente Pharmacy and are included in every prescription order mailed by Direct Rx. Refills will be mailed by first-class U.S. Mail with no charge for postage and handling. Direct Rx can be used 24 hours a day by calling (303) 344-5077. |
| | | Colorado Springs Service Area: Refills of maintenance drugs may be filled by calling our convenient mail order prescription service, ScripPharmacy, which is available 24 hours a day. Contact ScripPharmacy customer service representatives at (800) 677-4323 for more information. Refills will be mailed by first class U.S. Mail with no charge for postage and handling. Maintenance drug refills may be obtained by mail order for up to a 90-day supply, at a charge of two prescription drug Copayments, if prescribed by a Plan Physician. Maintenance drugs are determined by Health Plan. |